

April 2026 Klamath Family Head Start Menu
Half Day Classes

				1	B: WG Banana Muffins Sliced Oranges Milk B: Beef Spaghetti w/WG Pasta, Green Salad w/Ranch, Sliced Fresh Apples, Milk	2	B: Scrambled Eggs WG Toast Milk L: White Chicken Chili w/Beans, WG Breadstick Pineapple Rings in juice Milk	3	
6	B: WG Waffle Sticks Applesauce Milk L: BBQ Chicken Sandwich on WW Bun, Green Beans, Diced Peaches in juice, Milk	7	B: WG Life Cereal Banana Milk L: Bean & Cheese Burrito on WG Tortilla, Cauliflower w/Ranch, Grapes Milk	8	B: WG Pancakes Turkey Sausage Milk L: WG Noodles w/Peanut Butter Sauce, Chicken & Broccoli, Tropical Fruit in juice, Milk	9	B: Banana Bobs w/WG Granola and Yogurt Milk L: Beef Taco Soup w/Veggies, WG Chips Sliced Fresh Apples Milk	10	
13	B: WG French Toast Sticks Applesauce Milk L: WG English Muffin Cheese Pizza, Green Salad w/Ranch, Diced Peaches in juice, Milk	14	B: Malt o Meal Strawberries Milk L: Charcuterie Board w/ Ham, Cheese, WG Cheese Crackers, Broccoli Trees Sliced Oranges, Milk	15	B: WG Cheerios Banana Milk L: Chicken Enchilada Bake w/WG Chips, Corn (Frozen) Pineapple Tidbits in Juice Milk	16	B: WG Overnight Oats w/Berries Milk L: Tuna Salad & WG Veggie Crackers, Baby Carrots w/Ranch, Grapes Milk	17	
20	B: Trix Yogurt Cup WG Granola Milk L: WG Chicken Nuggets w/Ranch, Peas (Frozen) Pineapple Rings in juice Milk	21	B: WG Shredded Wheat Banana Milk L: Cowboy Beans & WG Cornbread, Sliced Cucumber, Diced Peaches in juice, Milk	22	B: Scrambled Eggs WG Croissant Milk L: Chef Salad w/Ham, Cheese, HB Egg, Tomato Ranch, Saltine Crackers Mandarins in juice, Milk	23	B: Cinnamon WW Toast Canned Sliced Apples Milk L: BBQ Riblet Sandwich on WG Bun, Mashed Potatoes, Grapes Milk	24	
27	B: WG Life Cereal Strawberries Milk L: WG Chicken Patty Green Beans Diced Peaches in juice Milk	28	B: Berry Blast Off Parfait w/Yogurt & WG Granola Milk L: Chicken & Cheese Quesadilla on WG Tortilla Sliced Cucumber, Sliced Fresh Apples, Milk	29	B: Scrambled Eggs Banana Milk L: Beef Spaghetti w/WG Pasta, Green Salad w/Ranch, Pineapple Tidbits in juice, Milk	30	B: WG French Toast Sticks Blueberry Sauce Milk L: Hamburgers on WW Bun Lettuce, Tomato Sliced Oranges Milk		

***This Institution is an Equal Opportunity Provider. Menu is subject to change.**

***1% Unflavored Milk served to children Age 2 or older**

***Unflavored Whole Milk served to children Age 12 months-23 months**